



Walking in Recovery

Just for Today.... One Step at a Time

Location: Point Lobos

Date: September 22, 2018

Time 9:00 am

Park on Highway 1 and walk through the main entrance by the Ranger Station. (It is suggested that we meet at the Safeway parking lot in the Barnyard and carpool to the park.) This is a moderate walk. We will meet at the Ranger Station, start off on the Pine Ridge Trail, onto the Mound Meadow Trail, walk along the coast on the Bird Island Trail, and have the meeting at Gibson Beach. Please bring water and pack a lunch or snack.

For more information contact Peter T @ 831.214.8778.



**NO PETS
ALLOWED**
EXCEPT SERVICE ANIMALS